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A rare cause of variant angina:

Single coronary artery arising from right sinus Valsalva

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Abstract

Anomalous origin of a coronary artery from opposite sinus Valsalva is considerably rare. Although intertruncal course, acute take-off angleandco-existing atherosclerosis aremaj or causes of ischemic events in this population, vasospastic angina should also be appreciated. Documenting transient ST segment elevations on ECG and excluding other possible reasons with conventional and CT coronary angiograms may result in this diagnosis. Tothe best of our knowledge this is the first case in the literature reporting Prinzmetal's phenomenon of a single coronary arterya rising from right sinus Valsalva.

Keywords

variant angina, single coronary artery, coronary anomalie

Introduction

Anomalous origin of a coronary artery from the opposite sinus Valsalva is considerably rare1. Although life-long asymptomatic state is quite possible, -especially in patients with single coronary artery- first clinical presentation might be even sudden cardiac death. Estimating the risk of sudden death and eliminating the potential factors of myocardial ischemia are key points of the management algorithm in this group 2-4.

Case report

A 36-year-old woman admitted to our hospital with typical restangina that had lasted for an hour. She was a current smoker with a family history for coronary artery disease. Initial electrocardiography showed ST segment elevations on leads D1 and aVL along with reciprocal changes on leads D3 and aVF (Figure 1A). Transthoracic echocardiography revealed preserved left ventricular systolic function with mild hypokinesia in posterolateral wall. The patient was referred for coronary angiography following administration of antiplatelet agents and sublingual nitroglycerin. There was a complete relief of pain with normalization of the electrocardiography (Figure 1B) as soon as she had been transferred to cath-lab. The procedure

was started with left Judgkins catheter but cannulation of the left main ostium could not be succeeded. Non-selective opaque injection revealed that the left sinus valsalva was free of any coronary ostia. A right-Judkins catheter was successfully used to visualize right coronary, left anterior descending and circumflex arteries originating from the right sinus Valsalva withindividualostia(Figure 1C). No significant stenosiswas detected. However acute angulation in proximal portion of circumflex artery was noteworthy. The patient was diagnosed as having variant angina since the pain and the ST segment elevations were completely resolved after nitroglycerin administration.

A coronary CT angiography was performed in third day to confirm the type of anomalie and to demonstrate the course of left coronary system(Figure 1D). Left anterior descending arterywas passing anterior to right ventricular outflow tract and circumflex arteryhad a retro-aortic course. According to modified Lipton's classification this was a Type RIII-C anomalie and stated to have a benign nature and favorable prognosis1,5. A pharmacological stress test could not be performed in elective conditions due to patient's unwillingness for the second procedure. She was treated with long-acting diltiazem and isosorbidemononitrate combination and had not experienced an

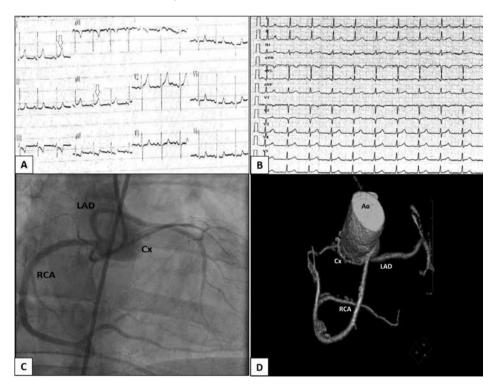


Figure 1: Initial 12-lead ECG of the patient during typical chest pain. Note the ST segment elevations on D1 and aVL (arrows), along with reciprocal changes in D3 and aVF (A). After administration of nitroglycerin, 12-lead ECG demonstrating normalization of the ST segment changes (B). Angiographic view of the whole coronary system originating from the right sinus Valsalva. Note that LAD, Cx and RCA have individual ostia (C). Reconstruction image of CT angiography demonstrating the anomalous origin of the left coronary system and its relationship with aorta. Cx artery passes posterior to the aorta and LAD traverses anterior to RVOT (D). Ao, aorta. Cx, circumflex artery. LAD, left anterior descending artery. RCA, right coronary artery. RVOT, right ventricular outflow tract.

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angina episode during in-hospital follow-up thereafter. She was still symptom-free in sixth month visit.

Discussion

Origin of left coronary arteries from right sinus was reported with an incidence of 0.017 at angiographic series which is extremely rare1. Well-known association of this situation with ischemia is due to possible intertruncal course of left main coronary artery or one of its main branches. Other possible routes for anomalous coronary artery can be specified as retro-aortic, pre-pulmonary and septal. Slit-like orifice, intramural course and finally acute take-off angle of relevant coronary artery also stand accused of adverse outcome 4, 6. Classically, significant atherosclerosismay exist inan anomalous coronary artery. Complex percutaneousintervention had been successfully performed in various cases so far 7,8. Aside from anatomical complications and atherosclerotic process, vasospastic events had also been reportedto cause acute myocardial ischemia in the literature 6,9.

Multi-slice CT angiography recently became an invariable diagnostic step in the management algorithm of coronary anomalies not only by demonstrating anatomical relationships but also clearly visualizing luminal patency and some specifications like take-off angle. Just as in our case, it may provide substantial prognosticinformation 2,4.

Conclusion

Regarding to the fact that, significant luminal stenosis and external mechanical compression had been excluded with conventional and CT coronary angiography, the clinical scenario was attributed to coronary vasospasm in this case. To the best of our knowledge, this is the first case in the literature reporting Prinzmetal's angina with documented electrocardiographic changes in a patient with Type RIII single coronary artery.

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Conflict of interest: None declared.

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